



Free Classes and Workshops At the Arlington Home Show APRIL 22, 2017

TIME	BLUE ROOM
10:30 am – 11:30 am	<p>Choosing the Right contractor & 7 remodeling mistakes to avoid! Free: The first 20 attendees will receive the notebook “How to Guarantee that your REMODELING Dream doesn’t become a Nightmare” <i>Steve Tinter – COOK BROS. Design/Build Remodeling</i></p>
12:00 pm – 1:00 pm	<p>11 Ways Homeowners Can Fund Major Home Improvements If you've been dreaming about a kitchen remodel or adding an extra bedroom, you have a variety options. Come and learn what those options are... <i>Arlington Federal Credit Union</i></p>
1:30 pm – 2:30 pm	<p>Signs, Symptoms and Solutions for Foundations Failure Find out how unaddressed, even relatively minor foundation damage can lead to much bigger repairs. Learn the best solutions before it gets more expensive! <i>JES Foundation and Repair</i></p>
3 pm - 4 pm	<p>“Downsizing Seminar” What’s your plan...or do you need help making one? Let’s talk about reverse mortgage, aging in place, will and trusts, organizing, decluttering, staging and more! <i>Denyse “Nia” Bagley, Weichert Realtors</i></p>
4 pm - 5 pm	<p>“There’s No Place Like Home” – Remodeling Strategies for Aging in Place Aging in Place means having the opportunity to live safely, independently and comfortably in one’s own home regardless of age or ability. Learn about ideas and solutions in making your home more accessible. <i>Rebuilding Together, National non-for -profit Home Remodeler</i></p>
TIME	GREEN ROOM
10:30 am - 11:30 am	<p>How to Replace Your Lawn With a Garden? Lose the turf grass for energy savings, wildlife friendliness and lower maintenance. <i>Kirsten Buhls, Virginia Cooperative Extension</i></p>
12 pm - 1 pm	<p>Keeping a Clean and Green House Come learn some quick, easy, non-toxic and environmentally friendly tricks that will keep your home clean and your family safe from toxic chemicals <i>Colleen Runyon, Team Coordinator, NORWEX</i></p>

<p>1:30 pm – 2:30 pm</p>	<p>“Green Remodeling: Kitchen & Bath”</p> <p>This seminar will feature the remodeling process of an old kitchen and bath. The green design goals of these projects were applied while solving the problems and addressing the new family needs</p> <p><i>Marta Layseca, EnviroHomeDesign</i></p>
<p>3:00 pm – 4:00 pm</p>	<p>Affordable Sustainability & Design for Wellness:</p> <p>Featuring a presentation from an award-winning industry expert on economical green solutions for your home, and the newest building trend – remodeling for long-term family health and wellness.</p> <p><i>Jonas Carnemark, Certified Remodeler (CR), Certified Kitchen Designer (CKD), Industry Leader & Presenter</i></p>

<p>4 pm – 5 pm</p>	<p>Planting Success with Raised Bed Gardens!</p> <p>The benefits are multiple, find out why modern gardeners are increasingly embracing raised bed gardening, albeit with a new twist.</p> <p><i>Kirsten Buhls, Virginia Cooperative Extension</i></p>
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<p>TIME</p>	<p>YELLOW ROOM</p>
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<p>11:00 am – 1:00 pm</p>	<p>Understanding Condominium Living:</p> <p>A Real Estate attorney will review a copy of sample condominium loan documents that highlight what condominium living entails and the role of the condominium association.</p> <p><i>Rory Nugent, Rees Broome Law Firm</i></p>
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<p>1:30 pm – 2:30 pm</p>	<p>Special Event to Learn How Arlingtonians can become Resilient!</p> <p>To be energy smart, protect their environment, and be prepared for extreme weather and power outages. An interactive group game where participants will be invited to "respond and manage an emergency in our community"</p> <p><i>Koshland Science Museum/National Academies of Science and Resilient Virginia.</i></p>
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<p>3 pm – 5 pm</p>	<p>“Fast and Easy” Home Plumbing Repairs for the Homeowner!</p> <p>Save “big dollars” on home plumbing repairs, including fixing leaking faucets and repairing toilets. It also will cover basic maintenance each owner should know to prevent damage to their home and expensive repair costs.</p> <p><i>Dave Daly, Building Analyst, Building Envelope Specialist, ASTRACOR Instructor</i></p>
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<p>TIME</p>	<p>MAIN STAGE</p>
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<p>11:30 am – 12:30 pm</p>	<p>The Future of Personal Energy Use</p> <p>The convergence of personal power for your home, personal transportation, personal communication, and personal networking.</p> <p><i>Scott Sklar, President of The Stella Group</i></p>
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<p>1:00 pm – 2:00 pm</p>	<p>Your Home Making You Sick? What is the Cause? What Can you do? Are you experiencing symptoms such as eye, nose, throat and skin irritation, fatigue, headaches, coughing, wheezing, general hypersensitivity, nausea, dizziness, etc.? Come and learn what could be the cause and the possible solution. <i>Dave Daly, Building Analyst, Building Envelope Specialist, ASTRACOR Instructor</i></p>
<p>2:00 pm – 3:00 pm</p>	<p>Move or Remodel? Which is right for me? The pitfalls of remodeling vs. new construction. When to re-use your existing home, and when you can't. Things you should know and questions to ask before you get into a new project. <i>Andrew Moore, Builder, Arlington Designer Homes</i></p>
<p>3:00 pm - 3:30 pm</p>	<p>Solar Co-Op Launch More than 75 homeowners have participated in the two previous co-ops to put solar on their roofs at a discount. Join us to hear remarks by Virginia Sun to learn the what, where, when, and why of joining Arlington's Solar Co-op. <i>Aaron Sutch, Virginia Sun, Program Director</i></p>
<p>3:30 pm - 3:45 pm</p>	<p>TV Raffle</p>
<p>3:45 pm – 4:45 pm</p>	<p>Green Home Choice Awards Get a FREE LED bulb and see the latest Green Home Choice projects receive their certification. More than 15 homes are being recognized for their green achievements. <i>Helen Reinecke-Wilt, Arlington County, Green Home Choice Program Administrator</i></p>

LIMITED SEATING FOR CLASSES – FIRST COME FIRST SERVED – REGISTRATION NEEDED ONLY FOR The [Special Event to Learn How Arlingtonians can become Resilient!](#) - [Register on the webpage](#)

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